

# LONDON FACE & NOSE INSTITUTE

## FOUNDATION FACELIFT COURSE

29<sup>th</sup> - 30<sup>th</sup> MAY 2025

**WMSTC**

West Midlands  
Surgical Training Centre  
COVENTRY

### Teaching Faculty



Alwyn D'Souza  
Lead Instructor &  
Course Director



Rana Das-Gupta  
Invited Distinguished  
Instructor



Shailesh Vadodaria  
Invited Distinguished  
Instructor



Eugene Wong  
Course Coordinator



Anil Joshi



Ng Chew Lip



Maria Pulido



Kristian Hutson



Harshdeep Mangat



Geraldine Vansteelant

Limited to 18  
dissectors only

Exclusive course  
step-by-step dissection  
manual

### Registration Fees

	Early (by 11 <sup>th</sup> April)	Full
Dissector	£ 1500	£ 2000
Observer	£ 300	£ 500



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# LONDON FACE & NOSE INSTITUTE FOUNDATION FACELIFT COURSE

## Aim

To train qualified surgeons using a safe and reliable technique developed by Prof Alwyn D'Souza, aimed at simplifying the complexity of the surgery. Upon completion of this course, participants will be confident in safely performing a facelift using these foundational techniques to achieve reliable results. The program also includes key principles of reconstructive facial surgery, broadening its scope beyond aesthetic procedures. They may also further enhance their skills by attending our advanced facelift course at a later date.

## Target participants

Consultants, Facial Plastic Surgery fellows and senior registrars interested in head and neck or facelift procedures, regardless of prior experience in facelift surgery. This course also caters to surgeons seeking to expand their expertise in reconstructive techniques.

## Why should you attend?

- You are new to facelift surgery and want to grasp the basics without being overwhelmed by the multitude of techniques.
- You aspire to master a single safe technique, enabling you to confidently offer facelift procedures to your patients.
- You wish to clarify doubts and unravel the complexities associated with aspects of facelift surgery.
- You aim to become an advanced facelift surgeon, building upon a solid foundation.
- You are interested in a comprehensive course that incorporates both aesthetic and reconstructive elements.
- You are committed to delivering exceptional outcomes and enhancing patient satisfaction in your practice.

**Join us and embark on a journey towards mastery in this transformative procedure!**

## Course Highlights

- First-of-its-kind comprehensive facelift course that covers all the fundamental elements of facelift surgery, including consultation, photography, skin care, infiltration and post-operative management.
- Dedicated modules on reconstructive techniques, including key concepts in facial nerve management, scarred face surgery, and flap design.
- Expert guidance from experienced trainers in facial plastic surgery, offering clear and straightforward instruction to candidates.
- Hands-on fresh frozen cadaveric dissection, with a maximum of 2 candidates per cadaver, prioritising practical learning.
- Detailed discussion of surgical steps with videos, slides and ample time for questions and answers, ensuring thorough understanding.
- Complimentary course manual featuring clear surgical steps for each candidate.



Course director: Prof Alwyn D'Souza

Course coordinator: Mr Eugene Wong



**Programme** (Subject to changes)

## Day 1 (29<sup>th</sup> May 2025):

- 08.30: Registration  
08.50: Welcome & general introduction  
09.00: Surgical anatomy of the face  
09.30: Pre-operative consideration of facelift
- Pre-operative assessment, consultation & consent
  - Pre-operative photography & morphing
  - USS assessment demonstration (detecting fillers)
- 10.30: Dermatological considerations
- Facial skin assessment & management of skin cancer
- 11.00: *Coffee Break*  
11.20: Pre-operative preparations
- Pre-operative marking (before GA)
  - Anaesthetic considerations
  - Surgical instrument & equipment
- 12.20: Starting the operation
- Patient positioning and lighting
  - Draping
  - Operative anatomy surface marking
  - Infiltration
- 13.00: *Lunch break*  
14.00: Incision planning & facial flap design  
14.30: Raising flap & superficial dissection
- Skin & subcutaneous tissue flap
  - SMAS identification
  - Deep plane concepts
- 15.40: *Coffee break*  
16.00: Release of facial retaining ligaments  
17.00: Facial reconstruction in skin cancer  
18:00: End of Day 1 with closing remarks  
19:00: Faculty & candidates networking dinner & drinks

## Day 2 (30<sup>th</sup> May 2025):

- 8.15: Arrival & general networking  
8.30: Facial burns & their management  
9.00: Surgical management of scarred face  
9.20: Deep plane dissection & facial nerve management
- SMAS marking
  - Re-infiltration
  - SMAS incision & dissection
- 10.30: SMAS suspension
- Plication
  - Imbrication
  - Vectors in suture suspension (sutures & orientation)
- 11.00: Dimple creation  
11.20: Management of midface & neck (including neck fat, platysmal banding, digastric muscles & submandibular glands)
- 13.00 *Lunch Break*  
14.00: Flap & skin re-draping  
14.45: Dressing & post-operative care  
15.30: *Coffee break*  
15.50: Z-plasty, advancement & rotation flaps: design & execution  
16.20: Facial palsy & management  
17:00: Closing remarks, feedbacks & certificate distribution



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