

# PROGRAMME



## INTERCONTINENTAL LONDON FACIAL COSMETIC LAB 2024 PROGRAMME

**12th April - 13th April**



MEDICAL  
TRAINING  
COURSES

**KING'S**  
*College*  
**LONDON**

**Dates:** 12- 13th April 2024

**Venue:**

**12th April**  
Dissecting Room  
2nd Floor Hodgkin Building  
King's College London  
SE1 1UL

**13th April**  
Science Gallery London  
Great Maze Pond  
SE1 9GU

**Pricing:** £1900

**About the meeting:**

Botulinum toxin and Filler course:

Learning Objectives

- To become familiar with the anatomy and physiology of facial ageing.
- To recognise patient concerns and provide management options.
- Be able to provide a clear treatment plan including benefits and limitations of treatment option
- To understand the different types of fillers and toxins that may be used in facial rejuvenation
- To understand and implement treatment sequence to achieve the best possible outcome.
- To understand the rationale for patient choice including identification of patients who are not suitable for injectables.
- Familiarise with possible complications and the immediate management, as well long term care.
- Management of a difficult patient.
- Familiarise with various types of anaesthetic options and the use of local anaesthetic blocks.
- To familiarise with latest non-surgical interventions: to including exosomes etc.
- To familiarise with the use of ultrasound in facial aesthetics
- Practice building, from basics to advanced management.

**The course tutors are experts in the field from UK, Europe, USA as well as other parts of the world with a wealth of experience in injectables. You will learn to be a safe competent injector, and also have a clear idea of managing complications. There will be heavy emphasis on safety, natural results building a successful practice.**

## DAY 1 | FRIDAY 12TH APRIL

**0800-0830**

Registrations

### **INTRODUCTION**

#### **SESSION 1: Professor Alwyn D'Souza:**

##### **Why are we here and where we want to be?**

- Overview of Facial topographic surface anatomy with focus on ageing
- Topographic anatomy pointers to safe injections
- Practical Anatomy of the Temple & Forehead for aesthetic practitioner

**0830-1030**

- Practical Anatomy of Periocular Region in aesthetic practice.
- Practical Anatomy of the Midface: Fat Compartments, muscles, and ligaments
- Practical Anatomy of the Lower Face & Neck
- Practical anatomy of the nose: the holy grail of the face
- Plenary Panel Discussion with Audience Q & A all faculty
- Videos session on practical anatomy

Questions and Answers

**1030-1130**

Break

### **SESSION 2: PATIENT CENTRED TREATMENT PLANNING**

- Facial proportions and considerations for injectable and other non-surgical aesthetic treatments
- Assessment of upper face: forehead/temple and periocular areas  
Midface assessment.
- Assessment of lips and nasolabial fold areas  
lower face assessment/jaw line and chin
- Assessment of neck

**1130-1230**

Questions and Answers



**MEDICAL  
TRAINING  
COURSES**

**DAY 1 | FRIDAY 12TH APRIL**

**1230-1330**

Lunch break

**1330-1500**

**SESSION 3: INJECTABLES AND FILLERS UPDATE**

- Introduction to Botulinum toxins
- How to choose the right patient for botulinum toxin injection
- Zonal injection techniques of Botulinum toxins
- Introduction to Fillers. Considerations to bear in mind when choosing a filler
- How to choose the right patient for filler injections
- Tips and pearls when choosing fillers : What to consider

**1500-1530**

Coffee Break

**1530-1800**

**SESSION 4: RHINOPLASTY WITH INJECTABLES**

- When where and how to do it
- Synergic filler combinations: An alternative to surgical lifting?
- Social media trend in toxins and fillers: The baby trend?
- Case discussion with faculty actively interacting with delegates

Questions and Answers

**1800  
onwards**

Drinks reception



**MEDICAL  
TRAINING  
COURSES**

## DAY 12 | SATURDAY 13TH APRIL

**0900-1030**

### **SESSION 1: AVOIDING COMPLICATIONS AND MANAGEMENT**

- Combined techniques in face rejuvenation: Botox and Fillers : Considerations
- Avoiding complications when injecting: What to bear in mind?
- What goes wrong: Occlusion or compression?
- How to avoid post injection inflammation
- Fillers case presentations: What to reflect upon?

Questions and Answers

**1030-1100**

Break

**1100-1230**

### **PANEL LAB: SKIN COCKTAILS AND FORMULAS**

Live Injection techniques: videos and patient case discussion

Questions and Answers

**1230-1400**

Lunch break

**1400-1600**

### **SESSION 2: OPTIMIZING OUR COSMETIC PRACTICES**

Live Injection techniques: videos and patient



**MEDICAL  
TRAINING  
COURSES**

DAY 12 | SATURDAY 13TH APRIL

**1600-1630**

Break

**1630-1800**

**How to build a practice: an experts view**

Questions and answers with experts: discussion forum

**1800  
onwards**

Closing drinks

**Highlights include:**

Cadaver demonstration

Video demonstration

Case discussion

Injection techniques on Manikins

Practice building technique



**MEDICAL  
TRAINING  
COURSES**

# OUR SPEAKERS



**Professor. Alwyn D'Souza: MBBS, FRCS Eng, FRCS (ORL-HNS), PGCertMedEd**

Alwyn D'Souza is a London based, Board Certified Facial Plastic Surgeon with vast experience in both surgical and non-surgical facial aesthetics.

He is the immediate past President of the European Academy of Facial Plastic Surgery (EAFPS.org), past President of British society of Facial Plastic Surgery (BSFPS) and is also the Editor-in-chief of 'Facial Plastic Surgery Journal'. He is the lead for MCh programme in Aesthetic facial surgery and minimally invasive facial interventions at Canterbury Christchurch University.



**Professor Dario Bertossi  
Facial Plastic Surgeon**

Associate Professor of Maxillofacial Surgery, Specialist in Maxillofacial Surgery, Otolaryngology, Facial Plastic Surgeon, Department of Surgery



**Dr Daniel G. Becker MD FACS**

Double board-certified Facial Plastic Surgeon. President of Penn Medicine Becker Facial Plastic Surgery. 25 years of Facial Plastic Surgery experience.



### **Ms Safina Ali FRCS ORL (HNS)**

Miss Safina Ali has over 20 years of experience as a medical doctor graduating from the University of Glasgow Medical School. She completed her training as an ENT surgeon in Scotland, before becoming a consultant ENT surgeon in London. She has gained mentorship from leading practitioners in the field and trained to the highest clinical standards in anti-wrinkle injections, facial fillers and skin care via a leading London based aesthetic academy, with additional training with Dr Alwyn D'Souza.



### **Ms Samantha Berry**

Registered Nurse with 7 years of experience in aesthetics and advanced injectables specializing in lip filler and facial balancing.



### **Mr Kristian Hutson Facial Plastic Surgeon**

Mr Kristian Hutson is a consultant ENT surgeon who specialises in septorhinoplasty, facial plastic surgery, head and neck cancer, smell disorders, nasal polyps and rhinology. Following completion of his ENT training Mr Hutson was awarded a post CCT funded fellowship under the European Academy of Facial Plastic Surgery (EAFPS). This was undertaken alongside leading facial plastic surgeons in London, gaining skills in both cosmetic and reconstructive surgery. He has subsequently sat the international board examinations in facial plastic surgery. He was awarded the Claus D. Walter prize for achieving the highest score in the 2021 IBCFPRS/EBCFPRS facial plastic surgery examination.

Mr Hutson has an active interest in training and research and has published extensively (his research publication achievements are available through pubmed). He is an author of ENT and surgical book chapters and is regularly invited as a speaker to national and international conferences.





**Mr Anil Joshi, MS, DOHNS, FRCS, IBCFPRS  
Consultant Facial Plastic Surgeon  
London, UK**

Mr Anil Joshi is a Consultant ENT and Facial Plastic Surgeon working in both the University Hospital Lewisham as well as central London private hospitals in United Kingdom.

Mr Joshi is a specialist in performing Rhinoplasty, endoscopic sinus surgery, and reconstruction of facial defects following cancer excision, removal and remodelling of scars and keloids. In cosmetic surgery, he specialises in performing both primary and secondary Rhinoplasty, Otoplasty, surgical facial rejuvenation.

He is a regular faculty on various instructional courses and international conferences in his specialised field. He is part of the executive committee at the European Academy of Facial Plastic Surgery (EAFPS) where he also holds board position as the director for media committee. Mr Joshi has been the Co-Chairman for the Examination process and an examiner at the European Board Certification for Facial Plastic and Reconstructive Surgery (EBCFPRS) as well as General secretary for the British Society of Facial Plastic Surgeons (BSFPS) in the past.



**Dr Bhavjit Kaur, MBBS, DNB, MS, DFRH, DRCOG,  
PGCert Cosmetic med, PGDiploma Clinical  
Education, MBCAM**

Dr Bhavjit Kaur is the Founder of Tuhi Clinic and co-founder of the Health & Aesthetic Clinic in London, Dr Bhavjit is adept at performing sought-after and innovative non-surgical treatments including anti-wrinkle injections, dermal fillers, fat-dissolving injections, radiofrequency, PRP and prescribing medical-grade skincare. Dr Kaur was a finalist for “Medical Aesthetic Practitioner of the year 2022” in Aesthetic awards 2022, and for “Proactive Doctor of the year” for Safety in Beauty 2016 Diamond Awards.

She has won Best Business Award, 2016 for “Outstanding Personal Achievement”.

**Dr Tatiana Mandavia MBBS, BSc, MSc (Hons),  
MRCGP**



Dr Tatiana is one of UK’s leading non-surgical Aesthetic experts and is the Medical Director of Drs Tatiana + Dr Rishi Advanced Aesthetics. Alongside her University of London Medical Degree, she completed a Bachelor’s degree in Aerospace Physiology and a Master’s degree in Aesthetic Medicine with Distinction. Dr Tatiana is an international Key Opinion Leader for dermal fillers as well as for laser and radiofrequency devices and has an active interest in research, having published and presented her work extensively. Dr Tatiana has a keen interest in teaching and co-leads the London Advanced Aesthetics Fellowship. She is a member of the Royal College of General Practitioners and continues to practice in the NHS.



**Dr Rishi Mandavia MBBS BSc MSc PhD MRCS(ENT)**

Dr Rishi is an ENT, Head and Neck Doctor and Managing Director of Drs Tatiana + Dr Rishi Advanced Aesthetics. He has a BSc in Aerospace Medicine (King's College London), an MSc in Health Policy (Imperial College London) and PhD in Implementation Science (University College London). As a World Health Organization expert advisor, Royal College of Surgeons Associate Speciality Lead, Chair of EAFPS Juniors Committee, consultant to the Lancet commission, and NICE advisor, Dr Rishi contributes to international ENT, Facial Plastic Surgery policy development. Dr Rishi has over 10 years experience in non-surgical aesthetics, and is a key opinion leader for LASER, dermal filler as well as radiofrequency companies, contributing to research and product development.



**Ms Maria A Pulido M, MD.**

Maria Pulido is a London based, ENT Surgeon and Rhinologist with experience in both surgical and non-surgical facial aesthetics.

Ms Pulido has been part as organizer of multiple international academic meetings in the field of Rhinology and ENT and active International Member of the EAFPS and part of the MCh programme in Aesthetic facial surgery and minimally invasive facial interventions lead by professor Alwyn D'Souza in London.



**Dr Nicole Schrader, MD FACS**

Double board certified Facial Plastic Surgeon with over 20 years of experience in facial aesthetic surgery and advanced injectables, specializing in facial rejuvenation and treatment of the aging face .